



KEY BISCAINE  
PRESBYTERIAN SCHOOL

## September LUNCH MENU\*

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Pot Roast w/ Mixed Salad Fresh Fruit <sup>29</sup>	Garlic Shrimp w/Quinoa and vegetables Fruit <sup>30</sup>	Pizza & yogurt <sup>31</sup>	Chicken & Rice w/ Plantains & Green Peas Fruit <sup>1</sup>	Rice & Beans w/Carrot Coins Fresh Fruit <sup>2</sup>
NO SCHOOL (Labor Day) <sup>5</sup>	Farfalle Pasta w/parmesan cheese, Green Salad Jell-O <sup>6</sup>	Quesadillas w/ Tortilla chips & Guacamole Fresh Fruit <sup>7</sup>	Chinese Fried Rice & Edamame Fresh Fruit <sup>8</sup>	Turkey Burger w/ Baked Potatoes & Salad Fresh Fruit <sup>9</sup>
Farfalle w/ Marinara & Garlic Bread Fresh Fruit <sup>12</sup>	Homemade Mini Quiche w/Tomato & Cucumber salad Fruit <sup>13</sup>	Pizza & Ice Cream <sup>14</sup>	Picadillo w/Quinoa & Carrots Fresh Fruit <sup>15</sup>	Lentils w/ Brown Rice Fresh Fruit <sup>16</sup>
Pasta w/Homemade Pesto & Garlic bread Mixed Salad Fresh Fruit <sup>19</sup>	Tomato Soup w/ Grilled Cheese Sandwich Fresh Fruit <sup>20</sup>	Quesadillas w/ Tortilla chips & Guacamole Fresh Fruit <sup>21</sup>	Grilled Fish w/Quinoa, carrot Coins Fresh Fruit <sup>22</sup>	Parmigiano & Herb Chicken w/ vegetables & Mashed Potato Fresh Fruit <sup>23</sup>
NO SCHOOL (Teacher Training Day) <sup>26</sup>	Rotini w/Bolognese Sauce Fresh Fruit <sup>27</sup>	Pizza & Yogurt <sup>28</sup>	Pork Loin w/sweet Potatoes & Green Beans <sup>29</sup>	Turkey wraps & Cesar Salad Fresh Fruit <sup>30</sup>

\*Subject to change